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C: Summer/Autumn Edition 2026



Our People's Newsletter

Bicycle! I want to ride my bike...

Queen may have sung it, but Bill lived it and had a blast cycling through Glasgow Green this summer.

It was fantastic to see him have such a brilliant time and take in the sights of what was happening all around him.

After the day out, he had the chance to rest up at Linwood and enjoy a cup of tea – very well deserved too.



Summerween 2026

The service users and staff held a fun filled summerween party this July for all their friends and family.

The families were invited for a summerween themed bbq pyjama party. Summerween is a viral social media trend and fictional holiday where people celebrate Halloween during the summer months. It originated from Disney animated series Gravity Falls, which set the observance date on June 22.

Everyone enjoyed some delicious food and catching up outside in the garden with the amazing summer weather we have had.



Award Win For Laura

Laura Mitchell from Glencally has recently won an award at The Enable Club for best clubber of the year. Laura carries out various tasks in the club. Well done Laura – we are all so proud of you!



Alan and Stewart win Awards

Alan and Stewart from Amochrie have won some awards at Enable group. They won these awards for fundraising through sponsored walks and car washing.

We are all very proud of the men for their hard work!



Blackpool Tour

Stewart and Alan heading off to Blackpool with a group of friends for a short break. They had a great time at Madame Tussauds where they had a cast made of their hands. They enjoyed variety of outings including a trip to Morecambe. They are already planning their next trip.



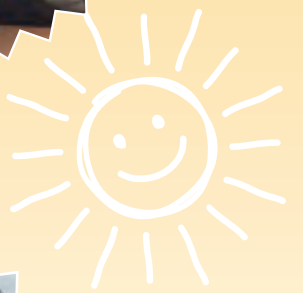
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The Crucible



Alex had a lovely holiday to Sheffield to watch snooker last month. The 2026 World Snooker Championship took place at the iconic Crucible Theatre in Sheffield. China's Wu Yize won his maiden world title, defeating Shaun Murphy 18-17 in an incredibly tense final. Alex had an amazing time and can't wait to go again!



Celebrating Yvonne and the little one on the way

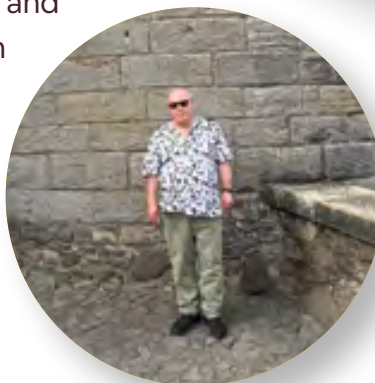
Yvonne's maternity leave called for a little celebration. The team got together for a lovely brunch, complete with decorations, gifts, plenty of food and of course, cake. It was a nice chance to celebrate Yvonne before she begins this exciting time with her growing family. We'll miss having her around the office and can't wait to hear all about the new arrival.



Graham's Siege of Stirling Castle

Graham had been looking forward to his Stirling trip all summer, and it certainly didn't disappoint. The trip started with one of Graham's favourite things, good food. He had a Tikka curry for lunch at the Crossed Peels before heading to Stirling Castle. Graham explored the battlements, Queen Anne's Garden, the old kitchens, and the castle jail. He was especially amused by the jail cells and said he would not have liked being locked in one with just wooden boards to sleep on. He also spotted a model of the castle and had a bit of fun pretending to "lay siege" to it.

Later, Graham enjoyed a Jalfrezi curry for dinner before heading to Hollywood Bowl, where he was very pleased to win one of the games. The evening ended at Molly Malones, where he enjoyed the live guitarist before returning to the hotel. The next morning, Graham had breakfast, bought souvenirs for friends and had one last walk around Stirling before heading home. He said he would like to visit Stirling again and explore more cities around Scotland in the future.



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C: Get in touch:

Telephone number (Head Office)

0141 620 6470

Email address

contact@mcfarlanetrust.org

Website

mcfarlanetrust.org



McFarlane Trust Ltd. Unit 902, Mile End Mill, Abbey Mill Business Centre, 12 Seedhill Road, Paisley PA1 1JS.
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